

TELLING YOUR STORY ACTIVITIES

All Participants or Group Activities

Activity Instructions



- **Hey group members! We have some fun activities for you!**
- **Ask your group leader if these activities can be completed with your group or on your own!**
- **You are looking at the activities for all participants or group activities!**
- **Open the activity and follow the links provided to guide you through!**
- **At the end of the lesson, the link to the All Participants or Group Activities checklist will be provided.**
- **Complete the checklist, show it to your group leader and get your certificate!**
- **Good luck!**

Activities to complete:

(Click on the links below to go to the activity listed)



• Activity 1

- Jumo Health Coloring Book Activity
- [Please click here to go to Activity 1](#)

• Activity 2

- Medi-kids Spot the Difference Challenge
- [Please click here to go to Activity 2](#)



Activities to complete:

(Click on the links below to go to the activity listed)



- **Activity 3**

- **Lead Positively**
- **[Please click here to go to Activity 3](#)**

- **Activity 4**

- **Guess Who I Am**
- **[Please click here to go to Activity 4](#)**

Activities to complete:

(Click on the links below to go to the activity listed)



- **Activity 5**

- **Song: “We’re the Heroes”**
- **[Please click here to go to Activity 5](#)**

Activity 1

Jumo Health Coloring Book Activity



- [Please click here to go to Jumo Health Coloring Book](#)
- Good luck!



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Activity 2

Medi-kids Spot the Difference Challenge



- **Click the link below and find the Medi-kids Spot the Difference Challenge**
- **Find and circle the 7 things that are different within the two pictures**
 - **[Please click here to go to Medi-kids Spot the Difference Challenge](#)**
- **Tell a story about what is going on in this picture**
- **Share completed activity with your group leader**
- **Good luck!**



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to return to
Activities page](#)**

Activity 3

Lead Positively



- **Choose another chapter member for this activity**
 - Please ask you group leader if there is a specific way that they want to help you choose who to pick

- **To the chapter member you chose, share with them three of their strengths or three good things about them**
 - Ask your group leader if they want the good things to be written down or said out loud

- **Good luck!**

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to return to
Activities page](#)

Activity 4

Guess Who I Am




- **Click the link below to learn about some inspirational leaders**
 - [Please click here to go to Inspirational Leaders Presentation](#)
- **Choose from one of the inspirational leaders provided, or come up with your own!**
- **Tell us a story about who this person is or what they believe in, without saying the name of the person you picked.**
 - [Ask your group leader if this should be done in a group setting or recorded on your phone](#)
- **Ask the group to guess who they think you are talking about!**
- **Good luck!**

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Activity 5

Song “We’re the Heroes



- Listen to the song and sing along!
 - [Please click here to listen to the song!](#)
- [Lyrics are over here!](#) 
- Good luck!

[Please click here to go to the Activities completion page](#)

“We’re the Heroes”

We stand up for those who do not have a stand.

We speak up for those who wish they could, but can't.

We're the voice that shares stories that people need to hear.

Superheroes fighting, even when we're scared.

We're the heroes taking flight. We know that we can

We're the heroes taking flight. We've got things to share. *(repeat)*

Congratulations!



- **You have completed the activities required for All Participants or Group Activities!**
- **Please complete the checklist provided in the link below as proof of your activity completion!**



**[Please click here
to go to the
Activities
Checklist page](#)**

All Participants or Group Activities Checklist



- Mark in the boxes next to each activity you have completed.
- Provide this checklist to your activity leader in order to receive your Certificate of Completion.

- Activity 1: Jumo Coloring Book
- Activity 2: Medi-kids Spot the Difference Challenge
- Activity 3: Lead Positively
- Activity 4: Guess Who I Am
- Activity 5: Song “We’re the Heroes”